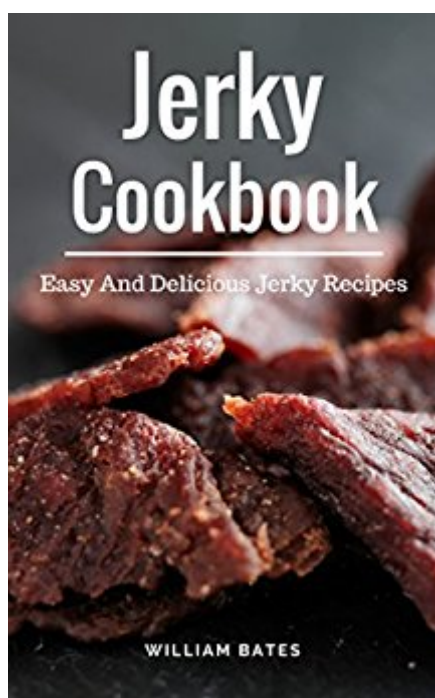


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Jerky Cookbook: Easy And Delicious Jerky Recipes (Dehydrator Recipes Book 1)



Synopsis

This Cookbook Includes A Wide Variety of Delicious And Easy Jerky Recipes!Get This Jerky Cookbook For A Special Discount (50% off)Jerky can be a great snack especially for outdoor activities, such as hiking or hunting due to its high amounts of protein and calories. Jerky is also very easy to make, it can also be made with a variety of different meats, and jerky can even be made with tofu for those vegetarians out there.Making jerky can be broken down into a few simple steps.~•~ Choosing your meat/protein and preparing it according to the recipes instructions.~•~ Marinating your meat/protein, using your choice of spices. For most recipes it is recommended marinating for several hours at least, so the flavours can combine.~•~ Dehydrating your meat/protein, this step will also take several hours if using a oven. Generally you want to dehydrate your meat/protein on very low heat for a long period of time. You may also use a dehydrator, which is an appliance specifically made for dehydrating food. The key to this step is not to overcook your meat or it will be too crispy rather than leathery. Always check up on your meat half way through the stated cooking time on the recipe.~•~ Storing your jerky in a air tight bag. Jerky will also last longer if it is frozen in your freezer. You also want to make sure your jerky is completely dry before storing it.This jerky cookbook has a wide variety different recipes, that range from all kinds of different flavors.

Book Information

File Size: 1842 KB

Print Length: 51 pages

Simultaneous Device Usage: Unlimited

Publication Date: July 19, 2017

Sold by:~•~ Digital Services LLC

Language: English

ASIN: B0743LGXXQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #96,725 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #24

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